

CARE for Children



CARE KID NEWS

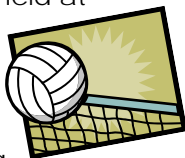
Never Underestimate the Power of Play

Lady Panther's Volleyball Camp

Tuesday, January 17, 2012
5:15pm—7:00pm

Pitt Bradford Sport & Fitness Center

The Lady Panthers volleyball camp will be held at the Pitt-Bradford Sport & Fitness Center on Tuesday, January 17th. Pitt-Bradford Head Coach Tina Phillips and members of the Lady Panthers Volleyball Team will have stations for the kids to work on serving and passing skills, and other fun drills.



Dinner will be provided for the kids at 5:30pm and camp will begin promptly at 6:00pm.

Because of limited space the camp is open only to CARE kids actively receiving therapy services age 5 and up and siblings.

Each child attending camp will receive a CARE water bottle **Registration is required by January 13th.**

This event is sponsored with proceeds from the Kinzua Outdoor Fishing Tournament, Tom Means, Director.

Holiday Valley Adaptive Ski Clinic

Monday, February 20, 2012
11:15am - 4:30pm



The Adaptive Ski Clinic is for school-age children with cognitive or mobility limitations and for whom a traditional ski clinic would not be appropriate. The clinic is staffed by volunteers from Holiday Valley's Lounsbury Adaptive Ski program, part of Disabled Sports America, and CARE Staff members. Most children are paired with two instructors. Lunch will be provided after skiing in the main chalet.

Please contact your child's therapist if you have questions regarding the appropriateness of this activity for your child. There are 10 spots available and will be on a first come first serve basis.

The kids will leave by bus from the CARE office promptly at 11:30 a.m. (please do not arrive before 11:15a.m.) and we plan for the bus to arrive back at the CARE offices at approximately 4:30p.m. for pick-up.

Registration is required by Monday, February 13th so there is ample time to get the paperwork to the Lounsbury staff. Parents are permitted but not required to attend the ski clinic with your child. If planning to attend please let Kim know when you register.

Event sponsored by the Rotary Club of Port Allegany.

CARE Kid Fitness Gym & Panther Basketball Game

Wednesday, February 8, 2012
5:30pm -7:30pm

Pitt Bradford Sport & Fitness Center

Join the CARE staff for some fun gym activities and the Panther Basketball Game at the Pitt Bradford Sport & Fitness Center on Wednesday, February 8th. We will be in the field house ("old" gym) from 5:30pm - 6:00pm. After the gym activities the kids will get dinner from the concession stand and then go into the gym to watch an exciting game of basketball.

The Pitt-Bradford Panthers will be taking on AMCC conference rivals Penn State Behrend.

CARE kids are asked to wear a CARE shirt for the game. **If they do not have a shirt let Kim know when you call to register and one will be brought the night of the event.**

Pick-up will be at 7:30 pm in the main gym.

This event is **FREE** & open to CARE kids and their siblings ages 5 and above.

Registration is required by Monday, February 6th.

Save-the-Date March 24, 2012

11TH ANNUAL LADY PANTHER'S BASKETBALL MINI CAMP

Pitt Bradford Sport &
Fitness Center



To register for events please contact

Kim at CARE – 362-4621

Or by email

kimm@careforchildren.info

(Please give Kim your current e-mail address for the database)

SHRINERS ORTHOPEDIC CLINIC

At the CARE offices in Bradford

MONDAY, April 9th

814-362-4621

Referral Required

CARE for Children ~ www.careforchildren.info

PO Box 616 * 20 Russell Boulevard * Bradford, PA 16701 814-362-4621 FAX: 814-362-1066

CARE for Children
P.O Box 616
Bradford, PA 16701



Non-Profit Org.
U.S. Postage
PAID
Bradford, PA
Permit No. 29

Return Service Requested



Eagles Supporting Autism

Winter Safety Tips

Eagles Supporting Autism is a local organization that has partnered with the Fraternal Order of Eagles Bradford Aerie 2432 to help local families and agencies defer expenses incurred with the care of an individual with Autism.



For additional information or to request a donation request form, contact CARE, or by calling Eagles Supporting Autism at 814-362-3388.

Whether winter brings severe storms, light dustings or just cold temps, the American Academy of Pediatrics has some valuable tips on how to keep your child safe and warm.

What to Wear and Winter Health

Dress infants and children warmly for outdoor activities. Several thin layers will keep them dry and warm. Clothing for children should consist of thermal long johns, turtle-necks, one or two shirts, pants, sweater, coat, warm socks, boots, gloves or mittens, and a hat.

The rule of thumb for older babies and young children is to dress them in one more layer of clothing than an adult would wear in the same conditions.

Blankets, quilts, pillows, sheepskins and other loose bedding may contribute to Sudden Infant Death Syndrome (SIDS) and should be kept out of an infant's sleeping environment. Sleep clothing like one-piece sleepers is preferred.

If a blanket must be used to keep a sleeping infant warm, it should be tucked in around the crib mattress, reaching only as far as your baby's chest, so the infant's face is less likely to become covered by bedding.

Many pediatricians feel that bathing two or three times a week is enough for an infant's first year. More frequent baths may dry out the skin, especially during the winter.

Cold weather does not cause colds or flu. But the viruses that cause colds and flu tend to be more common in the winter, when children are in school and are in closer contact with each other. Frequent hand washing and teaching your child to sneeze or cough away from others may help reduce the risk of colds and flu.

For more Winter Safety Tips visit the American Academy of Pediatrics web page at

CARE FOR CHILDREN STAFF:

Tina M. Martin, Executive Director
Kim Murphey, Community Relations Coordinator
Valorie Coast, Finance & Office Manager
Mandi Wilton Davis, Development & Marketing Coordinator
Ashley Carlson, MOT, OTR/L, Occupational Therapist/
School Therapy Services Coordinator
Kim Miller, OTR/L, Occupational Therapist
DeAnn Persichini, COTA, Occupational Therapy Assistant
Melanie Rendos, COTA, Occupational Therapy Assistant/
Special Instructor
Kimberly A. Livingston, MSPT, Physical Therapist
Ann Kane, PT, Physical Therapist
Jane Hartle, Early Intervention Coordinator/Special Instructor
Kimberly Engstrom, M.Ed. Preschool Director/Special Instructor
Janice Stiles, Preschool Aide
Barbara McGarry, Preschool Aide

CARE for Children is a non-profit organization dedicated to improving the lives of children of all abilities.

PROGRAMS:

Physical Therapy
Occupational Therapy
Early Intervention
Rainbow Corner Preschool & Developmental Playgroup
Shriners Hospital Orthopedic Clinic
Family Support Program
Brace & Wheelchairs Clinics
Pediatric Equipment Loan
Parent Resource & Toy Lending Library
Therapeutic Recreation and Respite
Disability Awareness Program
Child Safety and Injury Prevention
www.careforchildren.info